

Interfaith Unity presents...

# DREAM JOURNEY YOGA™

- ◆ Join us for an experiential Journey to your Inner Dreamer where Magic, Imagination and Inspiration live...
- ◆ Surrender to the Musical Matrix of Creation through guided meditation and unique sound healing...
- ◆ Release layers of tension, doubt and automatic programming with gentle, relaxing yoga postures to increase Health, Happiness and Vitality...
- ◆ Rest Deeply and Remember once again . . .

*... the Gift of your Self is a Gift to the World*



Date: Sun. April 29<sup>th</sup>, 2012 Time: 1:00 pm  
Place: SW Herb Shop & Gathering Place  
148 N. Center St. Mesa AZ 85201

Questions: 602.368.4940 or 602.402.9763

- \*Wear comfortable clothing for movement
- \*Bring a yoga mat and/or blankets

*Featuring: the dream journey band*



Suggested Love Donation: \$10-15

[www.dreamjourneyband.com](http://www.dreamjourneyband.com)